

All High School Students Welcomed



# Up, Up & Away!



**Retreat 2010**

**Friday March 12 to  
Sunday March 14th**

**Camp Brett -Endeavor  
Lebanon, NJ**

## Is there a Super Hero in You?



High School Retreat Weekend  
March 12 –14th, 2010

Camp Brett Endeavor –Lebanon, NJ

St Theresa's Youth Ministry Program

For more information call us: 908-709-1930 or email us at :sttheresaym@hotmail.com

Visit us on the web at [www.icatholiczone.com/YM](http://www.icatholiczone.com/YM)

# Come join the Cast!

Imagine what a weekend away from the hustle and bustle of life would be like, where you can go and get away from it all and take some serious time to get to know God, your friends and even yourself on a whole new level.

We would like to take this opportunity to invite **YOU** to attend our annual high school retreat. This invitation is meant for all high school students. We believe this is retreat experience will be something to remember the rest of your life. One of the goals of our retreat is to bring people together to learn more about themselves- to look at their lives; past, present, and future - and to start or renew a friendship with God.



This retreat experience will take place from Friday night March 12th until Sunday Night March 14<sup>th</sup> at Camp Brett Endeavor in Lebanon, NJ. The theme this year is “**Up, Up and Away**”. The weekend will have a Peer Ministry dynamic which will consist of Faith and Fun Filled activities.

The Retreat TEAM, made up of high school students and young adults, has been planning for several weeks to help make this retreat a successful one. To be sure you are included in this **GROWTH** experience **you must reply by Sunday March 7th 2010.** The cost for retreat is \$45.00. This will cover the cost of transportation, lodging, meals, and all retreat materials.

## About this Years Retreat ...

This years theme is “Up, Up and Away” The weekend will look at who we are as people, and how we fit in, while still trying to remain who we are.. Children of God!



The TEAM has been working hard on this years retreat... Planning meetings have been going on where Rich has been going over the topics that will be covered.

Retreat is a weekend away, where you can focus on yourself, your life, your beliefs and most importantly YOUR FAITH.

Retreat is designed BY teens FOR teens. This is a chance to “get away” from it all and learn a little more about yourself. It is meant for all high school students!

Is it a weekend of yoga meditation ?? No not AT ALL .. But is a great time of group activities, large and small group talks, singing, laughing, crying, learning, and much more !!

## General Information ...

Retreat 2010 will go from the departure at St Theresa's at 6:30 pm on Friday March 12th, until after our 6pm Homecoming Dinner on Sunday March 14th. To experience the fullness of the event.. Participants need to commit to the entire weekend!

**Registration:** All youth in high school are invited.. Whether Catholic or not, members of our program or not. Haven't been around in awhile?? .. Retreat is the PERFECT event to get back into the swing of things! All teens must register by filling out the forms and returning a \$45.00 check made payable to "St Theresa's". This covers all expenses of the weekend.

**Chaperones:** The entire weekend is over seen by Rich Donovan, our Youth Minister, and Fr Lito Ebron , our moderator. Donating their time and talents for the weekend are some of the various adult chaperones from the Youth Ministry Program.

**Accommodations:** We will be staying in a cabins with bunk beds and mattresses. Please MAKE SURE TO BRING sleeping bags, or sheets, pillow, towel and toiletries. DO NOT BRING: Cell Phones, expensive Jewelry, radios, pagers, etc.

**Meals:** We will be providing all meals and snacks during the weekend. You need not bring anything. FRIDAY PLEASE EAT DINNER BEFORE ARRIVING at 6:00 pm.

**More Info:** Once we have received you forms you will receive more information from us

**Homecoming:** Once the weekend is all over.. Your family, and friends will be invited to join us back at St Theresa's for a Homecoming Mass, and Dinner.. Where all the final activities will take place! Your parents will receive more information on this!



## Retreat 2010 Registration Sheet "High School Retreat"

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email address \_\_\_\_\_ @ \_\_\_\_\_

Please return along with \$45 and Teen Contract and Permission Release to Rich  
NO LATER then March 7th !! SPACE IS LIMITED TO 40 TEENS .. Don't Wait !!

# Past Years Comments....

Here are some direct quotes from surveys of people that have gone of past Retreats here with us at St Theresa's Youth Ministry ...

"I learned more about myself and I strengthened my faith and my beliefs"

"I gained a friendship that will last forever, I never realized what this could do for me ."

"I think the retreat was enjoyable and fun, and rewarding. I learned more this weekend about myself than I have in the past 15 years. It was an awesome experience."

"This weekend gave me so much.. A better understanding of God, a better understanding of others, emotional strength, and it allowed me to open doors that I always shut in my life."

"Hey the food was good... and I gained friendships and trust from others... and I was allowed to open up!

## So how do you join us for Retreat ?

- **Bring your stuff in at an upcoming meeting.**

You could drop it off at the next Youth Group Meeting on Sunday March 7th (deadline to register). With the Ski Trip, and Youthfest Sunday March 7th is our next meeting.

- **Return the stuff to the Youth Ministry Office, School or Rectory**

Rich in the his office most days till 5pm. You could drop off your slips at the Parish Rectory Office or the School Main Office. Just tell them to leave it in "Rich's" mailbox.

- **You could always Mail it back to us** (yes.. I know old school style .. But it still works! )

Mail your stuff to us at St Theresa's Youth Ministry Office , 541 Washington Ave, Kenilworth NJ 07033

- **OR THE EASIEST !!!!!!!!!!!!!!!**

Just give it to one of the Retreat TEAM members that you see in school.

# St. T's YM Retreat 2010 Permission/ Release From

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Email : \_\_\_\_\_ @ \_\_\_\_\_

Does your son/ daughter have any medical problems, allergies, FOOD ALLERGIES that we should know about ?  
Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain.

Is your son/ daughter on any medication? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please describe the kind of medication, dosage, frequency and administration by whom authorized.

\*\*\*\*\*

## Emergency Contact:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Relation \_\_\_\_\_

\*\*\*\*\*

I give permission for my child to participate in the St. Theresa's Youth Ministry Retreat 2010 at the Camp Brett Endeavor March 12 -14 2010. I hereby waive and release any and all rights and claims for damages which I may have against St. Theresa's Parish, and all of their agents, servants, and employees, for any injury my child may incur while taking part in your program. This release also encompasses any injuries which may be sustained while traveling to and from participation in the program. As a parent I understand that it is my responsibility to pick my child at the predetermined time. I also understand that if my child becomes ill or destructive I will be contacted, and if I cannot be reached the above "Emergency Contact" will be called to take my child home.

\_\_\_\_\_  
**\*\*Parent/ Guardian Signature**

\_\_\_\_\_  
Date

\*\*\*\*\*

I hereby waive any and all rights and claims for damages which I may have against St. Theresa's Parish, and their agents, servants, and employees, for any and all injuries which I may incur while taking part in your program. This release also encompasses any injuries which may be sustained while traveling to and from participation in the program. I also understand that if I become destructive or ill my parents and/ or the above "Emergency Contact" will be called to take me home.

\_\_\_\_\_  
**\*\*Signature of Youth Participant**

\_\_\_\_\_  
Date

# St. T's YM Retreat 2010 Teen Agreement

The chaperones for this Trip are assuming responsibility for me. By signing this agreement for the Retreat Weekend I agree I will accept the responsibility for my own actions. I agree that :

- \*I will respect and follow any reasonable directions given to me by St. Theresa's Parish Chaperones, and other Camp Chaperones and Adults .
- \*I will avoid activities that may cause damage to the Bus, Cabins, & the Camp Property, and I will pay my rightful share for any damage I may cause or participate in causing.
- \*I will pay attention to times for departure to and from activities for scheduled events, so that other members will not have to wait for me.
- \***I will respect others right to privacy. I understand that once we go to bed I will be quiet and not keep others awake by talking, music, or actions.**
- \*I will be in my assigned area at curfew and will not leave it or cause any disturbance after this time.
- \*I understand that there is no co ed visiting allowed in the sleeping areas.
- \*That certain areas of camp are smoke free, including the sleeping cabins and I will honor that request.

I understand that violating the above rules may result in the loss of some privileges on the trip/ and or suspension from further Youth Ministry Programs. Further I agree that :

- \*I will not bring or use any alcohol. (If broken YOU WILL be turned over to Police!!)
- \*I will not bring or use any illegal drugs. (If broken YOU WILL be turned over to Police!)
- \*I will not engage in any inappropriate sexual behavior. I understand that this is a Youth Ministry event. Not a date. This includes on the bus, at the camp or on free time.

**I also understand that violating any of these three rules is a very serious matter. If I choose to do so, I understand that my parents will be notified and that I will be sent home. (My parents will be asked to come get me.)**

\*In spite of all the above rules I will have a great time.

Your Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

**PLEASE TURN OVER FOR MEDICAL RELEASE FORM**